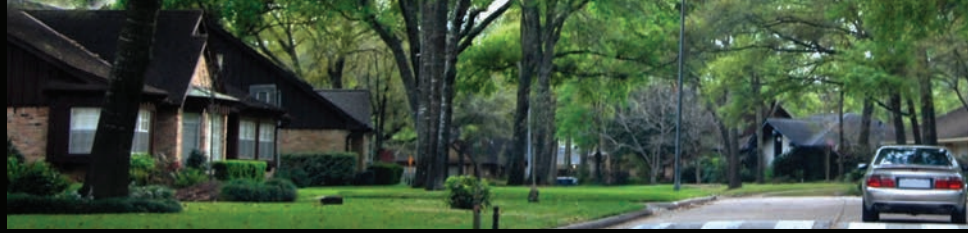


# LAZYBROOK NEWS



## SEPTEMBER 2015



### President's Letter

Marc Cogle, President (713) 444-3351 [president@lazybrook.org](mailto:president@lazybrook.org)

Hello Lazybrook Neighbors,

It's been a hot and dry couple of months after a drenching spring time. It will be interesting to see what Mother Nature has in store for us this fall. Our family has definitely appreciated the rain and break in the heat recently and our fingers are crossed that trend will continue.

Houston fall brings about a break in the heat as well as some terrific holiday activities. **National Night Out will be in October** and everyone is encouraged to get outdoors and meet their neighbors. We hope to arrange another movie night with the Lazybrook families and then our holiday season will be upon us.

Remember our elections are upcoming in December. Many of our community members are vocal about their desires to improve our neighborhood and we need these voices to manifest themselves into actions with the help of volunteers. If you have a passion area or desire to contribute, please consider volunteering to hold an executive position or chair a committee.



### What's Inside

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for the Lazybrook Civic Club and the  
Friends and Neighbors of Lazybrook.

# NEIGHBORHOOD DIRECTORY

## EXECUTIVE BOARD MEMBERS

### PRESIDENT

Marc Cogle  
(713) 444-3351  
president@lazybrook.org

### VICE PRESIDENT

John Sutton  
(832) 671-3862  
vicepresident@lazybrook.org

### TREASURER

Beth Goodner  
treasurer@lazybrook.org

### CORRESPONDING SECRETARY

Pat Koteras  
correspondence@lazybrook.org

### RECORDING SECRETARY

Judy Dyk  
recording@lazybrook.org

## COMMITTEE CHAIRS



### MEMBERSHIP

Janell Bryans  
(713) 426-0148  
membership@lazybrook.org



### SECURITY CHAIR

Matt Herring  
(713) 823-0794  
security@lazybrook.org

### ARCHITECTURAL REVIEW/ DEED RESTRICTIONS

Vacant  
**Volunteer for this position!**  
architecturalreview@lazybrook.org  
deedrestrictions@lazybrook.org



### NEWSLETTER

Crystal Frommert  
(832) 426-2191  
newsletter@lazybrook.org



### BEAUTIFICATION

Carolyn Lehnert  
(713) 864-3596  
beautification@lazybrook.org

### RECYCLING

Vacant  
**Volunteer for this position!**  
recycling@lazybrook.org

### YARD OF THE MONTH

Carmen Millet  
yard@lazybrook.org

### SUPER NEIGHBORHOOD

Chris Grizzaffi  
superneighborhood@lazybrook.org

### ADVERTISING/DONATIONS

Chere O'Neal  
advertising@lazybrook.org

### WEBMASTER

Greg Frommert  
(832) 426-2191  
webmaster@lazybrook.org

### GRAFFITI

Dorothy Richardson  
(713) 861-0701  
graffiti@lazybrook.org

### BLOCK CAPTAIN CHAIR

Eddie Yarbrough  
(713) 869-1511  
blockcaptain@lazybrook.org

### MOMS CLUB

Jayne Scott  
moms@lazybrook.org

### AROUND THE NEIGHBORHOOD

Shawn Broussard  
neighborhood@lazybrook.org

### HOSPITALITY

Shawn Broussard  
hospitality@lazybrook.org

## IMPORTANT CONTACT NUMBERS

EMERGENCY: 911

HEIGHTS STORE FRONT

HPD DISPATCH

(713) 884-3131

Sgt. Chad Wall

(713) 803-1151

centralpatrol2district@cityofhouston.net

HPD CENTRAL STATION

(713) 247-4400

Visit us on the web at  
<http://www.Lazybrook.org>  
for up-to-the-date  
news, events and more!




# Membership


Janell Bryans, Membership Chair membership@lazybrook.org (713) 426-0148


## Lazybrook Civic Club Membership Dues


Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_  
 E-mail \_\_\_\_\_

I am enclosing:

  40.00 Dues

  \_\_\_\_\_ Donation: Beautification

  \_\_\_\_\_ Donation: Security (Citizens on Patrol)

  \_\_\_\_\_ Donation: Mosquito Spraying

Total: \$ \_\_\_\_\_

You can also pay  
 online with Credit Card or  
 PayPal by visiting  
[www.Lazybrook.org/Join](http://www.Lazybrook.org/Join)



Make checks payable to: Lazybrook Civic Club PO Box 926181 Houston, TX 77292-6181



## YOUR Lazybrook Neighbor & Realtor!

As a resident of Lazybrook, I have a vested interest in keeping the values of the neighborhood as high as possible.

When you are ready to sell, give me a call! Your profit is my priority.

I want to be YOUR Realtor!

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jbryans@marthaturner.com

Martha Turner | **Sotheby's**  
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Thanks to Pat Koteras for gathering door prizes from the following merchants for the last Civic Club Meeting:

- Hughie's Tavern & Vietnamese Grill - 18th**
- Bargain Food Mart - 18th**
- Demeris BarBQ - NW Freeway @ 18th**
- Flying Dragon Chinese & Vietnamese - 18th**
- Heights Mobil - 18th & Ella**
- YOL Art - 18th**
- Kojak's Fine Foods - 18th**
- Pizza Inn - 18th & Mangum**
- Queen Donuts - 18th**
- Tony's Mexican Restaurant - Ella**
- The Spaghetti Western #2 - W. TC Jester**

Please patronize these generous businesses.

**Have Announcements to share with your neighbors?**

Please email neighborhood@lazybrook.org

# Security

Matt Herring, Security Chair (713) 823-0794 [security@lazybrook.org](mailto:security@lazybrook.org)

## Citizens on Patrol Hours Logged

- April 2015- 34.25
- May 2015- 31.5
- June 2015- 39.75
- July 2015- 57

## Crime in the Neighborhood

8/6- burglary- 1800 Salford

I encourage everyone to report any suspicious persons or vehicles immediately to HPD. If you are unsure about a person or situation please let a trained HPD officer assess the situation and take any action needed. Please call HPD to report all crimes and get a case number, this is how we are assigned manpower from HPD. **HPD Dispatch 713-884-3131**

## Crime Statistics

The latest crime statistics are posted on the web at: <http://mycity.houstontx.gov/crime> or [www.spotcrime.com](http://www.spotcrime.com)

## Citizens on Patrol

Citizens on Patrol successfully brings together communities and police for a common goal, to improve the quality of life for residents by preventing, reducing, or eliminating crime. You can really make a big difference in crime in our area by patrolling just a few hours a month. Patrolling is as easy as driving a car through the neighborhood with a cell phone and calling in any suspicious persons or activities. We will train you, the hours are flexible to fit any schedule, and you are reimbursed for the cost of gas. Please email [security@lazybrook.org](mailto:security@lazybrook.org) to let me know if you are interested.

## Lazybrook Email Network

Lazybrook has an email network to keep neighbors up to date on important neighborhood info and security concerns. I encourage everyone to send me a detailed email if you have a crime to share with the neighborhood so hopefully we can work together to prevent further crime and help police catch the offenders. If you are not currently receiving the email you can join by emailing [security@lazybrook.org](mailto:security@lazybrook.org) or visiting <http://www.lazybrook.org/network>

## Super Neighborhood 14 Meeting Dates



SN 14 meets bi-monthly on Wednesdays at 6:00 p.m. at Heights Library, 1302 Heights Blvd., 77008. Remaining 2015 meeting dates are:

- October 14
- December 9

The positions of SN 14 President and Correspondence Secretary are up for election at the October meeting. Interested parties should review the Bylaws at [www.snc-14.org](http://www.snc-14.org), under Resource Center.

For any info, go to this website or contact the current Correspondence Secretary **Megan Jackson** at [meganjackson79@gmail.com](mailto:meganjackson79@gmail.com).



## Real Estate Corner

Brenda Brummett (713) 861-1710

As of August 31 there are 9 homes that are Active listed between \$350,000 and \$869,000. They range from 1,290 square feet to 3,259 square feet – 3/2/2 to 4/3.5/2 and have been on the market between 14 and 128 days.

There is one property in Option Pending, listed at \$429,900 with 3/2/2 and is 1,515 square feet. This home has been nicely remodeled.

Two properties are Pending with list prices of \$295,000 and \$508,000. The first is an original condition 1,309 square foot home with 3 bedrooms, 1 ½ baths and 2 car garage. The second is 1,920 square feet remodeled with 4 beds, 2 full and 1 half baths and a 2 car garage.

Between May 1 and August 31 there were 18 sales in Lazybrook with sales prices from \$320,000 to \$825,000, from almost original condition to completely remodeled but none were new construction. Fifteen properties were sold with conventional loans and three were cash sales. There were no repair allowances given and six sellers contributed to buyers closing costs in amounts ranging from \$1,500 to \$7,600.

### Lazybrook sales:

Average Days on Market:	43 days
Average Listing price:	\$462,950 (\$255.72 PSF)
Average Sale price:	\$444.064 (\$245.35 PSF)
Average Square Footage:	1,848

### Lazybrook rentals:

As of August 31 there were 2 homes offered for lease. First original condition 1,220 square foot 2/1/2 asking \$2,195. The second is 1,878 square foot mostly updated 3/2/2 asking \$2,850.

Between May 1 and August 31 eight properties leased between \$1,900 and \$3,045. \$3,000 they were on the market for between 11 and 88 days. Square footage ranged from 1,196 to 1,926.

*Information as reflected on the Houston Association of Realtors website for the period of May 1 – August 31, 2015.*



## Save the Date for TMCC's Next General Meeting

### Tuesday, November 10, 2015 at 7:00 p.m.

Sinclair Elementary School's Cafeteria, 6410 Grovewood, 77008

Residents from surrounding neighborhoods and communities are welcome.



**Elizabeth Stinsman** with the Harris County Precinct 4 Community Assistance Department for Commissioner R. Jack Cagle will attend TMCC's November 10, 2015 general meeting to discuss Harris County services that benefit all taxpayers.

**Gary Bezemek** with Harris County Flood Control will also join us to discuss Timbergrove's 11 FEMA lots in Sections 5 and 6, their use, maintenance and future plans. They will also discuss Flood Plain Management risk maps and what it means to own property in a flood plain. Please send your questions for these speakers to Darlene Wayt at [directordwayt@timbergrove.org](mailto:directordwayt@timbergrove.org) by **October 22, 2015.**



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Broker Associate

**713-417-8164**

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# Yard of the Month

Carmen Millet [yard@lazybrook.org](mailto:yard@lazybrook.org)



July winner: 1815 Salford



August winner: 2011 Sea King



September winner: 1819 Tannehill

# Posture and body awareness

Birgitt Haderlein, Health and Fitness Coach , tofityou@sbcglobal.net (713) 410-3376



I have been in the fitness industry for over 25 years. As we have evolved to using iPads and iPhones more, our posture is being challenged more than ever. You can be in great shape, have really strong muscles yet if you don't work on good posture throughout your day, slouching in a chair for hours still puts your body in a state of tension! That's why body awareness is so important and making the choice to put your body in the best position at all times is the key.

When my clients ask what can I do to remind me to do this through out my day I tell them to use their devices to set alarms to remind them to stop, breath, pay attention and most of all do a posture check. I tell them their quality of life depends on their ability to tune into their body, even on their busiest days.

## Posture is not a "one size fits all"

Good posture and alignment indicate where the body has the least physical stress. This varies because everyone's internal structure is slightly different. Bone variation and tissue damage vary from one person to the next. The best indicator for proper body alignment requires us to tune in.

## This is how I teach my clients to develop posture at a deeper level.

Increasing body awareness is the key to maintaining a healthy spine. Our bodies feel better when they are aligned. Try this: sit on the edge of a chair, with feet flat on the floor. Place your hands on your hips and imagine your hips are a bucket. Tilt forward and backward slowly and pay attention to what happens below and above the hips. Then find that point in between where you feel like your back is not under tension. This is a practice it takes some time yet you will know when you are there. When you feel like you are there pay attention to your spine and neck.

When they feel light with minimal tension that's an ideal position for you in that chair. It can change day to day based on the chair you are sitting in and varies whether you are standing seated or lying down. The most important thing is that you are aware and present in your day to make adjustments. This will increase your energy and breathing capacity, focus and most of all decrease repetitive stress injuries.

So what are you waiting for. Get off your butts and your butt and increase your vitality through practicing great body awareness. You deserve to look and feel your best and being mindful and focused on ideal posture will enhance that process!

If you are stuck and need some accountability, call or email me today to book your COMPLIMENTARY consultation to coach you in the direction you want to go. You can reach me at 713-410-3376 or email me at [Birgitt@tofityou.com](mailto:birgitt@tofityou.com) Gift certificates are available! YOGA class on Wednesdays at 12:00pm.

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**FOR SALE**



**1906 Ebony 4/4/2 Oak Forest**  
**New Modern Contemporary, \$939,000**

**FOR SALE**



**2202 Crystal Hills 4/2.5/2**  
**Shadowbriar, \$299,900.**

**FOR SALE**



**2502 Brooktree, 3/2/2**  
**Lazybrook, \$390,000.**

**FOR SALE**



**1818 Foxwood, 3/1/2**  
**Lazybrook, \$350,000.**

**SOLD**



**9227 Mauna Loa**  
**Rolling Fork**  
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**SOLD**



**2734 Hidden Spring Vale**  
**Fox Run**  
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**8835 Austin Thomas**  
**Windhaven**  
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# The Holidays Are Almost Here!



Lazybrook is a noted decorating, celebrating community and your Civic Club wants to award the families with our yearly decorating contest and yard signs. Homes on both the north and south of 18th are eligible and all judged equally, but no businesses are allowed in the contest. **DECORATIONS UP / LIGHTS ON BY 7 PM Wednesday DECEMBER 9TH.**

Thank you in advance to each of the families for the hard work required to make this a fun and gorgeous Hanukkah/ Christmas/New Years in Lazybrook. Please leave your decorations up and on until January 1, 2016. See the rules below:

1. Any home is eligible to win, except the contest judge.
2. If any home has won the same award 3 consecutive years, they cannot win in that category during the 4th year. They are eligible for the Hall of Fame award the 4th year.
3. I am Melodie Matlock 713-417-8164 your Lazybrook judging coordinator. I will announce my fellow judges along with the winners in January's newsletter.
4. Categories:
  - Prettiest
  - MOST Patriotic
  - BEST Front Door
  - MOST Childlike
  - MOST Religious
  - MOST Creative
  - BEST Use of Lights
  - BEST Animation
  - BEST Front Window
  - BEST Lights in Motion
  - BEST Use of cartoon characters
  - BEST Single Color lighting
  - BEST Santa Claus
  - BEST Hannukkah (Silver & Blue)
  - BEST Nativity Scene
  - BEST Decorations with Wreaths
  - BEST BLOCK (2)
  - Honorable Mention (2) – for tie breakers in a category
  - Hall of Fame awards – for any 4th year winners in the same category.

If you are a winner, call or email your name to me, Melodie Matlock (713-417-8164) (melodiematlock@gmail.com) so I can place your name in the Lazybrook Newsletter.



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## Get Published!

If you would like to contribute an article for the Lazybrook newsletter and web site please email [newsletter@lazybrook.org](mailto:newsletter@lazybrook.org).



# Wild Weekends



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## A GREAT NIGHT TO GET TO KNOW YOUR NEIGHBORS Tuesday, October 6, 2015

**National Night Out** is an excellent opportunity to meet, greet, and eat with your immediate neighbors. You don't have to be best buddies, but in the event of an emergency or a break-in or suspicious activity (and we all know these are distinct possibilities), it makes good sense to know your neighbors enough to be on the alert or be available to help. To rephrase an old (but apt) expression: it takes a village to maintain a village!

We want to celebrate our village, Lazybrook, focusing on our homeowners, our families and especially our Citizens Patrol who spend at least 4 hours a month as a presence against the Bad Guys.








NNO is designed to:

- heighten crime prevention awareness
- generate support for, and participation in, local anticrime programs
- strengthen neighborhood spirit and police-community partnerships, and
- send a message to criminals letting them know that neighborhoods are organized and fighting back.











**Block Captains:** if you haven't already started, please be preparing for a block party on that evening. This is a BIG DEAL, folks, and you don't even have to clean your house for company!! If you can't host one, please locate someone (or several) on your block to generate some interest and excitement for a block party. You might even want to combine two blocks for a party! It can be as fancy or as simple as you want to make it. Make this time together memorable and make it count! **Eddie Yarbrough**, Block Captain Chair, will be contacting you soon with reminders and suggestions.

**Save the Date: October 6, 2015 is right around the corner!**


# SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 = Heavy Tree Waste		1	2	3 	4	5
6	7	8	9	10 	11	12
13	14	15	16 	17 	18	19
20	21	22 Civic Club Meeting 7pm	23	24 	25	26
27	28	29	30	 = Mosquito Spraying after 10:00 p.m.		

# OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 = Heavy Trash Junk (Tree waste is also OK)		 = Mosquito Spraying after 10:00 p.m.		1 	2	3
4	5	6 	7	8 	9	10
11	12 Columbus Day	13	14	15 	16	17
18	19	20	21 	22 	23	24
25	26	27	28	29 	30	31  Halloween

# NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Daylight Savings Ends	2	3	4	5 	6	7
8	9	10 TMCC General Meeting	11 Veteran's Day	12 	13	14
15	16	17	18 	19 	20	21
22	23	24 Civic Club Meeting 7pm	25	26 Thanksgiving	27 	28
29	30	31	 = Heavy Tree Waste			