

LAZYBROOK NEWS

MAY 2015



Membership

Janell Bryans, Membership Chair membership@lazybrook.org (713) 426-0148

The community spirit of Lazybrook dates back to 1955, the beginning of our subdivision. The Lazybrook Civic Club has been instrumental in many projects that benefit our community:


- Tree planting and maintenance
- Enforcing deed restrictions
- National Night Out
- Citizens on Patrol
- Cleanup projects
- Newsletter
- Beautification
- And more!


Start this New Year by helping to continue with these projects for the neighborhood and enforcement of deed restrictions to protect your property values. For only \$40.00 annually, you will help to keep Lazybrook what it is today and to improve it for the future. You can bring the form below to the next Civic Club Meeting or mail it to the address.


Lazybrook Civic Club Membership Dues


Name _____
 Address _____
 Phone _____
 E-mail _____

I am enclosing:

 40.00 Dues

 _____ Donation: Beautification

 _____ Donation: Security (Citizens on Patrol)

 _____ Donation: Mosquito Spraying

Total: \$ _____



Make checks payable to: Lazybrook Civic Club PO Box 926181 Houston, TX 77292-6181

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Newsletter printed by



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www.printhouston.com

for the Lazybrook Civic Club and the Friends and Neighbors of Lazybrook.

NEIGHBORHOOD DIRECTORY

EXECUTIVE BOARD MEMBERS

PRESIDENT

Marc Cogle
(713) 444-3351
president@lazybrook.org

VICE PRESIDENT

John Sutton
(832) 671-3862
vicepresident@lazybrook.org

TREASURER

Beth Goodner
treasurer@lazybrook.org

CORRESPONDING SECRETARY

Pat Koteraz
correspondence@lazybrook.org

RECORDING SECRETARY

Judy Dyk
recording@lazybrook.org

COMMITTEE CHAIRS



MEMBERSHIP

Janell Bryans
(713) 426-0148
membership@lazybrook.org



SECURITY CHAIR

Matt Herring
(713) 823-0794
security@lazybrook.org

ARCHITECTURAL REVIEW/ DEED RESTRICTIONS

Vacant
Volunteer for this position!
architecturalreview@lazybrook.org
deedrestrictions@lazybrook.org



NEWSLETTER

Crystal Frommert
(832) 426-2191
newsletter@lazybrook.org



BEAUTIFICATION

Carolyn Lehnert
(713) 864-3596
beautification@lazybrook.org

RECYCLING

Vacant
Volunteer for this position!
recycling@lazybrook.org

YARD OF THE MONTH

Carmen Millet
yard@lazybrook.org

SUPER NEIGHBORHOOD

Chris Grizzaffi
superneighborhood@lazybrook.org

ADVERTISING/DONATIONS

Chere O'Neal
advertising@lazybrook.org

WEBMASTER

Greg Frommert
(832) 426-2191
webmaster@lazybrook.org

GRAFFITI

Dorothy Richardson
(713) 861-0701
graffiti@lazybrook.org

BLOCK CAPTAIN CHAIR

Eddie Yarbrough
(713) 869-1511
blockcaptain@lazybrook.org

MOMS CLUB

Jayne Scott
moms@lazybrook.org

AROUND THE NEIGHBORHOOD

Shawn Broussard
neighborhood@lazybrook.org

HOSPITALITY

Shawn Broussard
hospitality@lazybrook.org

IMPORTANT CONTACT NUMBERS

EMERGENCY: 911

HPD DISPATCH

(713) 884-3131

HPD CENTRAL STATION

(713) 247-4400

HEIGHTS STORE FRONT

Sgt. Chad Wall

(713) 803-1151

centralpatrol2district@cityofhouston.net

Visit us on the web at
<http://www.Lazybrook.org>
for up-to-the-date
news, events and more!



Thanks to Pat Koteris for gathering door prizes from the following merchants for the last Civic Club Meeting:

- Hughie's Tavern & Vietnamese Grill* - 18th**
- Bargain Food Mart - 18th**
- Demeris BarBQ - NW Freeway @ 18th**
- Flying Dragon Chinese & Vietnamese - 18th**
- Heights Mobil - 18th & Ella**
- YOL Art - 18th**
- Kojak's Fine Foods - 18th**
- Pizza Inn - 18th & Mangum**
- Queen Donuts - 18th**
- Tony's Mexican Restaurant - Ella**
- The Spaghetti Western #2 - W. TC Jester**

Please patronize these generous businesses.

** Also donated to the previous meeting.*

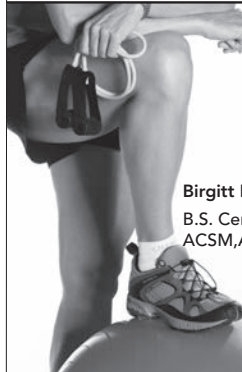
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Real Estate Corner

Brenda Brummett (713) 861-1710



This report covers the period of March 1 – April 30, 2015.

As of April 30, 2015 we have 105 homes that are Active listed between \$349,900 and \$969,000. They range from 1,266 square feet to 3,259 square feet – 2/2/2 to 4/3.5/2 and have been on the market between 3 and 76 days.

There is one property in Option Pending, listed at \$575,000 with 3/2/2 and is 1,964 square feet. This home has been completely remodeled.

One property in Option Pending Continue to Show. This property is a 3/2/2 with 2,035 square feet on a corner lot. It has many nice updates and was listed at \$439,900.

Two properties Pending with list prices of \$420,000 and \$837,500. The first is 2,230 square feet on a 13,940 square foot lot and the second is 3,737 square feet on a 23,354 square foot lot and has 4 beds, 3 full and 2 half baths, 3 car garage and a pool.

Since March 1, 2015 there have been 5 sales in Lazybrook with sales prices from \$310,000 to \$490,000. These homes ranged from 1,240 to 2,100 square feet and from original condition to completely remodeled.

Four properties were sold with conventional loans and one was a cash sale. There were no repair allowances given and only one Seller contributed to Buyer closing cost in the amount of \$1,200.

Stats for sales:

Days on Market: average 32 days

Listing price: average \$360,760 (\$229.80 PSF)

Sale price: average \$362,900 (\$231.05 PSF)

Square Footage: average 1,575

Lazybrook Rentals: As of April 30 there was 1 home offered for lease – asking \$2,995 for a completely remodeled 3/2/2 with 1,555 square feet.

There is one rental pending with an ask price of \$2,095 for a 1,332 square foot 3/2/2.

Between March 1 and April 30 two properties leased: \$2,200 and \$3,000 they were on the market for 11 and 23 days and 1,221 and 2,158 square feet respectively.

Information as reflected on the Houston Association of Realtors website.

Around the Neighborhood

July 4th Ice Cream Party and Bike Parade

Gather the bikes and kids and celebrate Independence Day at Jaycee Park. Lazybrook resident and local realtor, **Sharon Ettinger** is once again hosting an ice cream social and a kids' bike parade. Beat the heat with delicious ice cream, Jaycee Park splash pad and many fun events for the whole family.

Stay tuned to the neighborhood email updates or Lazybrook's facebook page for more information as the date approaches.

Have Announcements to share with your neighbors?

Please email neighborhood@lazybrook.org



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Jaycee Park Update

Darlene Wayt, TMCC Environmental Affairs

The park's Capital Improvement Project (CIP) allocation will upgrade the park's lighting/security lighting by prioritizing the southwest corner which is the ball field. Per the Parks Program Manager, if any funds remain after this prioritization, other park lighting improvements will be considered.

Per the Project Schedule, the Electrical Design and Geotechnical phases should be complete by the time you receive this newsletter. The other phases and time frame end dates are as follows: Permitting 6-4-15; Contractor Proposal 6-19-15; Work Authorization 7-24-15; and Lead Time 10-26-15. Contractor Site Work is scheduled for 50 days from 9-15-15 to 11-23-15 with Substantial Completion ending on 12/1/15.

To see the Project Schedule and check for updated info, go to www.snc-14.org and click on "Records;" www.timbergrove.org; or FB Jaycee Park under Fies.

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Carolyn Lehnert, (713) 864-3596, beautification@lazybrook.org



Monarch Butterfly by William Warby, on Flickr

I just have one message: Remember the Monarchs!

According to the Houston Chronicle on May 2, The Monarch Butterfly population is down 90% from the high in the 1990's. It is thought to be due to loss of habitat, since meadows and woodlands are being lost.

Please grow their "home" plant, Milkweed, which is where they lay their eggs, which hatch to caterpillars (who eat the leaves). The Latin name is Asclepias. There are more than one variety, but all of them will provide a home for the butterflies. If you plant them, the butterflies will find them. The plants are available at most full service nurseries. It is a delight to see the pretty insects. The plants just need sun and moderate water. They will re-seed to give you new plants.

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1324 Althea **810 W 31st St**
1521 Wakefield **1345 Martin**
15615 Howell Grove
1241 Kinley

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1226 Bay Oaks
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1244 Chamboard
\$945,000



1326 Overhill
\$819,050

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1235 Chamboard

Melodie Matlock

Broker Associate
713-417-8164

Find me on Facebook at Melodie Matlock






3 Wellness facts you don't want to overlook

Birgitt Haderlein, Health and Fitness Coach, tofityou@sbcglobal.net (713)-410-3376

Hope you all had a great spring. I loved it! We have not had rain like this in quite some time and boy did we need it. It is so green and all the plants are healthy and the blue bonnets were spectacular. Having said that I had to change up my exercise routine not only with myself but my 5 dogs that are use to getting their walks in on a regular basis.

Which leads me to what my clients have learned from working with me. They all have a toolbox of choices when their routine is thrown off whether it's rain, a meeting or a child being sick, they now find and make time to stay healthy and fit.

So no matter what you routine, you want to keep these wellness facts in mind from the University of California, Berkeley Wellness letter

- **Even a small amount of exercise** or other physical activity - about 20 minutes of brisk walking a day- can prolong the lives of sedentary people, suggests a recent study in the American Journal of Clinical Nutrition of 330,000 Europeans (ages 25-70) who were followed for about 12 years. Increasing exercise was associated with reduced mortality rates in people at all activity levels and in all weight categories. But the researchers concluded that the biggest reduction in mortality rate would occur when transitioning from being totally inactive to merely moderately inactive. To accomplish that, all it would take is to burn about 100 calories a day in physical activity.

- **To prevent or at least limit abdominal weight gain** as you age, do strength training. Abdominal fat increases the risk of cardiovascular disease, diabetes, and many other disorders, especially if it's deep fat surrounding organs. In a large study of healthy male health professionals, published in the journal Obesity in February, those who increased the time they spent lifting weights by at least 20 minutes a day over a 12-year period averaged smaller gains in waist size (a measure of abdominal fat) than those who similarly increased daily aerobic exercise. Not surprisingly, men who spent more time being sedentary (notably watching TV) had the biggest gain in waist size. To get the most benefit in terms of body composition and overall health, do both strength and aerobic training, which is standard fitness advice.

- **How can I lose weight?** Slow and steady is best for weight loss, as opposed to crash dieting. You can cut 3,500 calories by eliminating 250 calories (i.e. That afternoon candy bar) every day for two weeks. Better yet, combine the two. That said, it's not just simple arithmetic.

The body tends to adapt to the calorie deficit and weight loss, notably by lowering its metabolic rate - making it harder to continue losing weight or even maintain your lower weight. Long-term weight loss isn't easy. But " calories in, calories out" is still key.

So no matter what your challenges are through out your day remember to keep your commitment to your health and well being a top priority. There are so many distractions to throw you off track if you let them so let this be the time in your life to just say no to temptation and yes to your healthy lifestyle.

Are you ready to get the gift of happiness and health? If you are stuck and need some accountability, call or email me today to book your COMPLIMENTARY consultation to coach you in the direction you want to go.

Gift certificates available! YOGA class times are Tuesday at 6:30 pm and Wednesdays at 12:00 pm.

In Good Health,

Birgitt Haderlein
President & CEO
1750 Seamist Dr. Suite 170
Houston TX 77008
713-410-3376
www.tofityou.com



Hi, I'm Birgitt Haderlein, a health and fitness coach in the greater Houston area. I have been in the fitness industry for over 25 years helping people feel and look their best! The past year I opened To Fit You Fitness Studio right in the heart of Lazy Brook and Timber Grove, conveniently located off the 610 Loop in Houston, Texas.

It is important to me, as a certified wellness coach, to create better solutions for my clients to have better awareness far after our sessions together. I am passionate about people and helping them be better parents, friends, employees, business owners and pet owners to have a fun filled life and making choices to create healthier environments.

CALL ME FOR MORE INFORMATION



FOR SALE: 4405 Lido



FOR SALE: 1927 Jacquelyn



Coming Soon: 1036 Courtlandt



PENDING: 1501 Althea



PENDING: 1614 Richelieu



PENDING: 846 Sara Rose



PENDING: 6631 Grovewood



PENDING: 1820 Dennis



PENDING: 9407 Pontchartrain



SOLD: 4420 Wendell



SOLD: 12631 Fern Creek



SOLD: 1814 Sea Queen



Sharon Ettinger, Realtor

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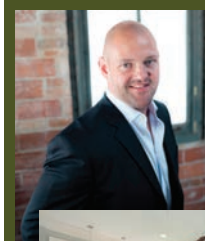
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5th LAZYBROOK Friday Social

The Broussard Family will host the Fifth Friday neighborhood celebration, May 29th at 6:30 PM. Join us for food, drinks and meet your neighbors and families from around the neighborhood.

We will provide some appetizers and adult beverages, but please feel free to bring any special food or drinks you like. Hope to see you there!

Who: Lazybrook Residents and families
What: Snacks and socializing
When: May 29, 6:30 PM
Where: Chris and Shawn Broussard's home
 2427 Brooktree Drive
Why: Why live in a neighborhood where you don't know your neighbors?
 Come say hello!

Questions? Call Shawn Broussard's cell at (832) 474-2665.

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Security

Matt Herring, Security Chair (713) 823-0794 security@lazybrook.org

Citizens on Patrol Hours Logged

- March 2015-60

Crime in the Neighborhood

- 3/12- burglary- 1800 Millwood, appliances stolen from vacant home
- 3/12- burglary- 1800 Millcreek, appliances stolen from vacant home
- 3/12- burglary- 1800 Crystal, appliances stolen from vacant home
- 4/1- police chase - ended in Lazybrook, police officers and dogs located 4 suspects
- 4/15- theft- 2400 Lazybrook, items were stolen from porch at two different times
- 4/19- theft- 1800 Seaspray
- 4/30- burglary- 1800 Willowby, 3:30pm, man talked to owner to look in back yard and while resident was in the back yard jewelry was stolen

I encourage everyone to report any suspicious persons or vehicles immediately to HPD. If you are unsure about a person or situation please let a trained HPD officer assess the situation and take any action needed. Please call HPD to report all crimes and get a case number, this is how we are assigned manpower from HPD. **HPD Dispatch 713-884-3131**

Crime Statistics

The latest crime statistics are posted on the web at: <http://mycity.houstontx.gov/crime> or www.spotcrime.com

Citizens on Patrol

Citizens on Patrol successfully brings together communities and police for a common goal, to improve the quality of life for residents by preventing, reducing, or eliminating crime. You can really make a big difference in crime in our area by patrolling just a few hours a month. Patrolling is as easy as driving a car through the neighborhood with a cell phone and calling in any suspicious persons or activities. We will train you, the hours are flexible to fit any schedule, and you are reimbursed for the cost of gas. Please email security@lazybrook.org to let me know if you are interested.

Lazybrook Email Network

Lazybrook has an email network to keep neighbors up to date on important neighborhood info and security concerns. I encourage everyone to send me a detailed email if you have a crime to share with the neighborhood so hopefully we can work together to prevent further crime and help police catch the offenders. If you are not currently receiving the email you can join by emailing security@lazybrook.org or visiting <http://www.lazybrook.org/network>

Neighborhood Contract Security Meeting- Hosted by Timbergrove

Timbergrove hosted a meeting on April 14, 2015 to discuss the possibilities and options for hiring private security. The meeting had presentations from Seal Security Company, Constable Patrol, and off duty HPD officers. Three options were presented:

- Seal Security is a **private security company** that currently serves Oak Forest and other neighborhoods in Houston; costing \$66,650 per year based on 1 officer for 40 hours per week.
- **Constable Patrol** in a division of the Precinct 1 Constable's Office that serves several neighborhoods in Houston; costing \$76,000 per year based on 1 officer for 40 hours per week.
- **Off-duty HPD Officers** that currently patrol this area to work as private security during their off hours; costing \$60,500 per year based on 1 officer for 32 hours per week.

We have looked at hiring private security in the past but it has never received enough financial support to make it feasible for Lazybrook to handle by itself. Timbergrove is looking into this and are asking for input from surrounding neighborhoods to see if as a group it would be wanted, needed, or supported financially. When I get more detailed information I will forward it as an email to the neighborhood. Please take a minute to visit www.Timbergrove.org and click on the [**Contract Security Questionnaire**] tab in the top right corner to fill out the survey if you would be interested in supporting private security.

Get Published!

If you would like to contribute an article for the Lazybrook newsletter and web site please email newsletter@lazybrook.org.

Super Neighborhood 14 Meeting Dates



SN 14 meets bi-monthly on Wednesdays at 6:00 p.m. 2015 meeting dates are:

- June 10;
- August 12;
- Oct. 14;
- Dec. 9.

Topics include the Jaycee Park CIP and the Bryce Chemical Feed Station Rebuild. The website, www.snc-14.org, is the primary means of communicating with neighborhood residents, including announcements, minutes and council correspondence. For more info, contact Correspondence Secretary **Megan Jackson** at meganjackson79@gmail.com.

Yard of the Month

Carmen Millet yard@lazybrook.org

April winner: 1702 Haverhill



May winner: 2302 Brooktree



Wild Weekends



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MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 = Heavy Tree Waste	 = Mosquito Spraying after 10:00 p.m.				1	2
3	4	5 Cinco de Mayo	6	7 	8	9
10 Mother's Day	11	12 Garden Club 7pm	13	14  	15	16 Armed Forces Day
17	18	19	20 	21 	22	23
24 31	25 Memorial Day	26 Civic Club Meeting 7pm	27	28  	29 5th Friday Social	30

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 	5	6
7	8	9	10	11  	12	13
14  Flag Day	15	16	17 	18 	19 Juneteenth	20
21 Father's Day	22	23	24	25  	26	27
28	29	30	 = Mosquito Spraying after 10:00 p.m.  = Heavy Trash Junk (Tree waste is also OK)			

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 = Heavy Tree Waste	 = Mosquito Spraying after 10:00 p.m.		1	2 	3	4 Independence Day Ice cream & Parade @Jaycee Park
5	6	7	8	9  	10	11
12	13	14	15	16 	17	18
19	20	21	22 	23  	24	25
26	27	28	29	30 	31	