

# LAZYBROOK NEWS

## MARCH/APRIL 2017



### Letter from the President

Judy Dyk, [president@lazybrook.org](mailto:president@lazybrook.org)

At the last Civic Club meeting **Ben Dolan** was elected to serve as our new Vice President. I will continue to serve as the President. **Beth Goodner** will continue as Treasurer, **Pat Koteras** as the Corresponding Secretary and **Eddie Yarbrough** as the Recording Secretary.

**Matt Herring** has sold his home and stepped down as the Security Chair. **Tommy Chemosky** will take on the Lazybrook Security email responsibilities, but we still need a volunteer or volunteers to serve in the following capacities:

**Citizens Patrol**- coordinate patrol volunteers, email patrollers when issues arise, work with HPD to schedule training classes for patrollers, submit patrol hours log monthly to HPD, submit patrol hours log to Civic Club Treasurer quarterly for gas reimbursement.

**National Night Out**- work with HPD liaison to coordinate NNO parties for our neighborhood, assist with block captains to help plan, collect data sheets for block parties, coordinate with HPD to schedule officer visits to NNO parties, those interested may like to plan a NNO parade with HPD and HFD escorts.

**HPD Heights Storefront**- give back to our local HPD Storefront and communicate about the neighborhood with officers, we have donated money in the past to improve the facility and allow officers to purchase items not covered by HPD, schedule officers for Civic Club Meetings as needed when security issues arise.

Matt also served as the temporary **Deed Restrictions** chair. If anyone is interested in serving in this capacity, please contact me.

Our next Civic Club meeting is March 28, 2017 at the Lazybrook Baptist Church. For the past year we have kept meeting length to about 1 hour. I understand that everyone is busy but I feel that if our neighborhood is to have a sense of community we need participation on the part of both newer and long time Lazybrook residents.

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for the Lazybrook Civic Club and the Friends and Neighbors of Lazybrook.

# NEIGHBORHOOD DIRECTORY

## EXECUTIVE BOARD MEMBERS

### PRESIDENT

**Judy Dyk**

president@lazybrook.org

### VICE PRESIDENT

**Ben Dolan**

vicepresident@lazybrook.org

### TREASURER

**Beth Goodner**

treasurer@lazybrook.org

### CORRESPONDING SECRETARY

**Pat Koterak**

correspondence@lazybrook.org

### RECORDING SECRETARY

**Eddie Yarbrough**

recording@lazybrook.org

## COMMITTEE CHAIRS

### MEMBERSHIP

Meaghan Greene &  
Heather Fedun  
membership@lazybrook.org

### SECURITY CHAIR

Vacant - Volunteer for this position!  
security@lazybrook.org

**Tommy Chemosky**

(Security email notifications)

### ARCHITECTURAL REVIEW/ DEED RESTRICTIONS

Melodie Matlock  
(713) 417-8164  
architecturalreview@lazybrook.org  
deedrestrictions@lazybrook.org



### NEWSLETTER

Crystal Frommert  
(713) 858-5622  
newsletter@lazybrook.org



### BEAUTIFICATION

Carolyn Lehnert  
(713) 864-3596  
beautification@lazybrook.org

### BLOCK CAPTAIN CHAIR

Eddie Yarbrough  
(713) 869-1511  
blockcaptain@lazybrook.org

### YARD OF THE MONTH

Vicki Ballard & Rachel Corbell  
yard@lazybrook.org

### SUPER NEIGHBORHOOD

Jolene Rock  
superneighborhood@lazybrook.org

### ADVERTISING/DONATIONS

**Laura McCarver**  
advertising@lazybrook.org

### WEBMASTER

Greg Frommert  
(832) 426-2191  
webmaster@lazybrook.org

### GRAFFITI

Dorothy Richardson  
(713) 861-0701  
graffiti@lazybrook.org

### RECYCLING

Vacant - Volunteer for this position!  
recycling@lazybrook.org

### MOMS CLUB

Erin Fuchs  
moms@lazybrook.org

### AROUND THE NEIGHBORHOOD

Shawn Broussard  
neighborhood@lazybrook.org

### HOSPITALITY

Shawn Broussard  
hospitality@lazybrook.org

## IMPORTANT CONTACT NUMBERS

EMERGENCY: 911

HEIGHTS STORE FRONT

HPD DISPATCH

(713) 884-3131

(713) 803-1151

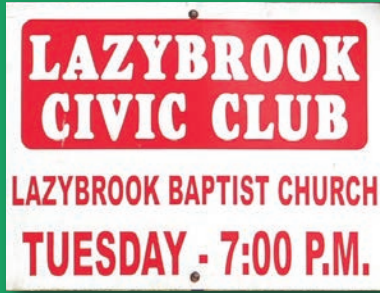
centralpatrol2district@cityofhouston.net

HPD CENTRAL STATION

(713) 247-4400

Visit us on the web at  
<http://www.Lazybrook.org>  
for up-to-the-date  
news, events and more!





## Civic Club Meetings

The Lazybrook Civic Club meetings occur on the fourth Tuesday of every other month (Except July). Please join us to participate in cultivating our great neighborhood. You can meet your neighbors and possibly win a door prize.

**Upcoming dates:**      **March 28**  
                                     **May 23**  
                                     **September 26**  
                                     **November 28**



**Printed Newsletters are published shortly before each meeting. Next issue will be mid-May.**



Lazybrook is on Facebook. Its called **Lazybrook Neighborhood Official Page** and is exclusively for news and issues within the Lazybrook boundaries.

Visit <http://www.lazybrook.org/facebook> to Join the Private Group. Or Search in Facebook "Lazybrook Neighborhood official Page"



Lazybrook Nextdoor is the private social network for the residents of Lazybrook. It's a free and easy way for you and your neighbors to talk online about recommendations, lost & found, crime & safety, classifieds and more.

Visit <http://www.lazybrook.org/nextdoor> for more information.



There is a **Moms of Lazybrook** Group! If you would like more information, contact Erin Fuchs at [moms@lazybrook.org](mailto:moms@lazybrook.org).

Visit <http://www.lazybrook.org/moms> to Join the Facebook Group

# Membership

Heather Fedun and Meaghan Greene, membership@lazybrook.org

Heather Fedun and Meaghan Greene are excited to be the new Membership Chairs, effective January 1, 2017. A huge thank you to Janell Bryans and Eddie Yarbrough for all their hard work!

Annual Dues are just \$40 per household (per calendar year). You can also contribute extra monies to Beautification, Citizens on Patrol, and/or Mosquito Control.

What exactly do Membership Dues pay for?

- The Lazybrook newsletter for all residents
- Gas money for neighbors who patrol our neighborhood as part of Citizens on Patrol
- Mowing of the 18th Street green area by the fences
- Tree planting in esplanades/bayou areas and maintenance of those trees
- Mosquito spraying of the streets
- Donations to neighborhood parks and other initiatives
- Minor fees for accounting, website, PayPal, etc.


Dues help ensure that our beautiful neighborhood remains vibrant, protected, and healthy! Dues also give you voting rights at any of the Lazybrook Civic Club meetings throughout the year. Pay today!!!


## Lazybrook Civic Club Membership Dues


Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_  
 E-mail \_\_\_\_\_




I am enclosing:

 40.00 Dues

 \_\_\_\_\_ Donation: Beautification

 \_\_\_\_\_ Donation: Security (Citizens on Patrol)

 \_\_\_\_\_ Donation: Mosquito Spraying

Total: \$ \_\_\_\_\_

Make checks payable to: Lazybrook Civic Club PO Box 926181 Houston, TX 77292-6181

# Security

Matt Herring, Security Chair (713) 823-0794 security@lazybrook.org

## Citizens on Patrol Hours Logged

- December 2016- 20
- January 2017- 24

## Crime in the Neighborhood

- 1/9- Theft from Vehicle- 1600 Haverhill, about 4pm
- 2/6- Theft of Vehicle- 1700 Ella, about 12pm
- 3/4- Theft from Vehicle- 2600 TC Jester, about 12pm

I encourage everyone to report any suspicious persons or vehicles immediately to HPD. If you are unsure about a person or situation please let a trained HPD officer assess the situation and take any action needed. Please call HPD to report all crimes and get a case number, this is how we are assigned manpower from HPD. **HPD Dispatch 713-884-3131**

## Crime Statistics

The latest crime statistics are posted on the web at: <http://mycity.houstontx.gov/crime> or [www.spotcrime.com](http://www.spotcrime.com)

## Citizens on Patrol

Citizens on Patrol successfully brings together communities and police for a common goal, to improve the quality of life for residents by preventing, reducing, or eliminating crime. You can really make a big difference in crime in our area by patrolling just a few hours a month. Patrolling is as easy as driving a car through the neighborhood with a cell phone and calling in any suspicious persons or activities. We will train you, the hours are flexible to fit any schedule, and you are reimbursed for the cost of gas. Please email [security@lazybrook.org](mailto:security@lazybrook.org) to let me know if you are interested.

## Lazybrook Email Network

Lazybrook has an email network to keep neighbors up to date on important neighborhood info and security concerns. I encourage everyone to send me a detailed email if you have a crime to share with the neighborhood so hopefully we can work together to prevent further crime and help police catch the offenders. If you are not currently receiving the email you can join by emailing [security@lazybrook.org](mailto:security@lazybrook.org) or visiting <http://www.lazybrook.org/network>

Thanks to Pat Koteris for gathering door prizes from the following merchants for the last Civic Club Meeting:

**Hughie's Tavern & Vietnamese Grill - 18th**  
**Bargain Food Mart - 18th**  
**Checkers - 18th & Mangum**  
**Demeris BarBQ - NW Freeway @ 18th**  
**Heights Mobil - 18th & Ella**  
**Kojak's Fine Foods - 18th**  
**Pizza Inn - 18th & Mangum**  
**Queen Donuts - 18th**  
**Tony's Mexican Restaurant - Ella**  
**The Spaghetti Western #2 - W. TC Jester**  
Please patronize these generous businesses.



## Update on West 11th Street Park

Lorraine Cherry, Friends of West 11th Street Park

The spring bird migration will be underway by the time you are reading this. The migration of birds is one of the great spectacles of nature. It takes many forms, from large hawks circling high overhead to small songbirds making long, nocturnal flights. The migrating birds seen in and above West 11th Street Park from March to May typically winter in Central or South America, and fly north in spring to breeding destinations stretching from Texas to northern Canada.

Many interesting and colorful birds have been seen at West 11th Street Park during the spring migration. They include Rose-breasted Grosbeak, Summer Tanager, Scarlet Tanager, two kinds of thrush (Veery and Swainson's Thrush), other colorful species, including Magnolia, Chestnut-sided, and Hooded Warblers, hummingbirds, and Painted Bunting. For a link to the Audubon Society's e-Bird website and a short description of birding how-to's for beginners, visit our website at: <http://www.west11thstreetpark.org/index.php?page=birds>

The 3rd Annual "Run the Grove" 5K fun run and "Spring Fling" festival will be held this year on Saturday, April 22. The race will begin and end at West 11th Street Park, which will also be the site of the "Spring Fling." This great event is sponsored by the Timbergrove Manor Neighborhood Association, and benefits the TMNA Esplanade Program and West 11th Street Park. For more information or to register for the race, go to: <http://www.tmnaonline.org/run-the-grove/#event-info>.



*Pileated Woodpecker*



## Real Estate Corner

Brenda Brummett (713) 861-1710



Sales activity kicked into high gear since the first of the year! Eight of the eleven pending sales were listed since the first of the year.

As of February 28 there are six homes that are Active listed between \$412,000 and \$835,000. They range from 1,396 square feet to 3,259 square feet – 2/2/2 to 4/3.5/2 and have been on the market between 1 and 219 days. The minimum psf asking price is \$215.07 and the maximum psf asking price is \$295.13.

There are ten Pending and one Option Pending as of February 28 that went under contract between the first day on market and the 125th day – eight since January 1. These properties range from 1,281 to 2,558 square feet offered from \$299,900 to \$489,000. Included are one 2 bedroom, eight 3 bedroom and two 4 bedroom properties. They range from being sold for lot value to original condition to some remodel to total remodel to a property built in 2013. All have 2-car garages, none have a pool.

Between January 1 and February 28 there were six closings in Lazybrook. The lowest sales price was \$360,000 for a 3/2/4 with 1,648 square feet in original condition. The highest was \$535,000 for a 3/2/2 with 1,980 square feet that had been gutted and completely updated.

### Lazybrook Sales

Average Days on Market:	126 days
Average Listing price:	\$443,267 (\$247.17 PSF)
Average Sale price:	\$426,000 (\$237.93 PSF)
Average Square footage:	1,795 SF

### Lazybrook Rentals

As of February 28 one property is actively for lease it is a 3 bed, 2 bath, 2 car garage with 1,602 SF offered at \$2,250.

Between January 1 and February 28 one property leased after being on the market for 48 days. This was a 3 bed, 2 bath, 2 car garage with 1,779 SF. It leased for \$2,000.

*This report covers the period of January 1 – February 28, 2017. Information as reflected on the Houston Association of Realtors website.*



**Bill Richardson**  
1926-2017

Lazybrook lost another from the greatest generation on February 12th.

Bill served his country in the Navy. He worked for Mosher Steel and retired from Trinity Industries who bought Mosher in the early 1970's.

He served on the Deed Restrictions Committee for many, many years and along with wife, Dorothy, was active in Citizens On Patrol from its inception in 1991 until recently when health slowed them down.

Bill and Dorothy were original owners and faithful supporters of the Civic Club and Lazybrook activities. About the only place you didn't see them together was when Dorothy went to the beauty shop.

In addition to Dorothy Bill is survived by daughters Malynda and Cynthia.



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**COME IN FOR A COMPLIMENTARY 1-ON-1 SESSION**



# WANTED: Security Committee Chair Volunteer

Lazybrook Civic Club is looking for a volunteer to serve as the chairperson of the Security Committee. The job is a great way to keep our neighbors alert and aware of what is happening in Lazybrook. This position includes:

- **Lazybrook Email Network** - email neighbors about security issues, lost pets, lost & found, maintain/update list of email addresses for current and new subscribers
- **Citizens on Patrol** - coordinate patrol volunteers, email patrollers when issues arise, work with HPD to schedule training classes for patrollers, submit patrol hours log monthly to HPD, submit patrol hours log to Civic Club Treasurer quarterly for gas reimbursement
- **National Night Out** - work with HPD liaison to coordinate NNO parties for our neighborhood, assist with block captains to help plan, collect data sheets for block parties, coordinate with HPD to schedule officer visits to NNO parties, if you are feeling ambitious you can plan a NNO parade with HPD and HFD escorts
- **HPD Heights Storefront** - communicate with the local HPD Storefront, we have donated money in the past to improve the facility and allow officers to purchase items not covered by HPD, schedule officers for Civic Club Meetings as needed when security issues arise



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# Lazybrook Moms Club Events

Erin Fuchs, moms@lazybrook.org

We have had some great events for kids and parents these past few months and look forward to more this year! Here are some highlights from events this winter:



## Breakfast with Santa

Santa made a special trip to the 1800 block of Sea Queen in December and families got to have breakfast together and get their pictures taken. At a warm 75 degrees, kiddos and parents were in short sleeves, but the Christmas spirit was in full swing!

## Holiday Happy Hour / Mom's wine night

Parents need play dates, too! A few generous Lazybrook families opened up their homes so parents could have a night out. We definitely need more of these!

## Valentine's party at Cottonwood

Love was in the air this February when Lazybrookers came out for sweet treats and family fun at neighborhood favorite, Cottonwood.

And mark your calendars for a **neighborhood Easter egg hunt** on the morning of Saturday, April 8th at Sinclair Elementary. More details to follow on the Facebook page (<http://www.lazybrook.org/moms>)

If you're interested in being a part of the Moms club or have an idea for an event, please email [moms@lazybrook.org](mailto:moms@lazybrook.org).



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# Yard of the Month

Vicki Ballard & Rachel Corbell      yard@lazybrook.org

February: 2103 Brooktree



March: 1803 Haverhill

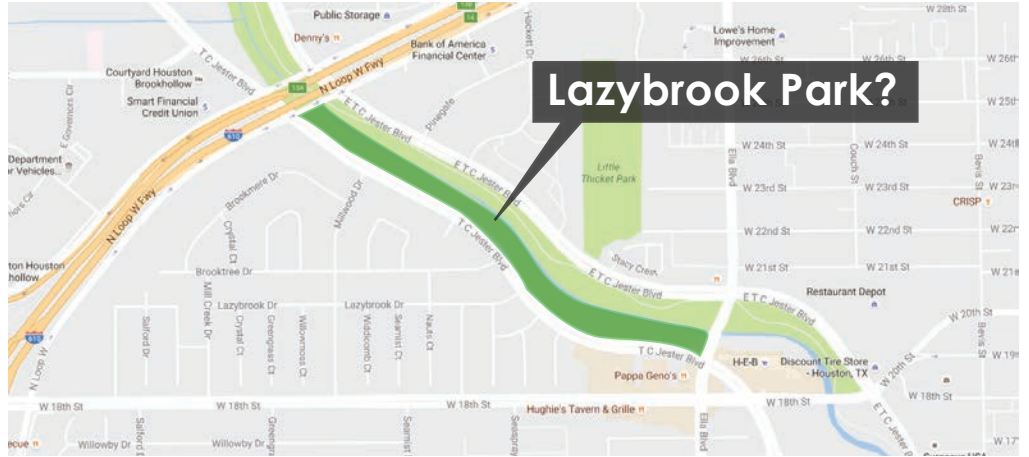




# Beautification

Carolyn Lehnert, (713) 864-3596, beautification@lazybrook.org

The project to name the land along West T.C.Jester and the bayou Lazybrook Park is ongoing. 300 signatures of residents are needed and many more need to sign. Any resident may sign, including renters and children. If you agree with this idea, please send the below form to me at 1819 Haverhill or give to your block captain. Thanks.



I, \_\_\_\_\_, request that the city park land along West T.C. Jester and White Oak Bayou between Ella Boulevard and Loop 610 North be named **Lazybrook Park**.

Signature: \_\_\_\_\_

Street Address: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Date: \_\_\_\_\_

## A Whole Body Solution for Neck Discomfort

Birgitt Haderlein, Health and Fitness Coach, [toftoyou@sbcglobal.net](mailto:toftoyou@sbcglobal.net) (713) 410-3376



Did you know the human head weighs about 12 lbs. — the equivalent of a medium bowling ball? As you look down at your phone, the weight on your neck begins to increase. To give some perspective, the human head at a 15° angle, is about 27 lbs. At 30°, it weighs about 40 lbs., and at 45° it weighs about 49 lbs. At 60°, the point in which your head is hunched over your phone, your head weighs about 69 lbs.! That's like carrying a small child.

Many of my clients come to me feeling stiff with discomfort as a result of repetitive actions or motions that do not add much to their overall health. This includes looking down at their phone to check emails or slouching because they are working at their desk all day long. Over time, their posture slumps inward, which creates tension on the neck and shoulders. I call this Slumpy Dumpy.

To combat Slumpy Dumpy, I give my clients suggestions on how to get moving throughout their day so they don't suffer the consequences of a sedentary work environment. Instead of "cracking" my clients into perfect posture, I work with their unique situation. I give them small achievable steps to take them where they need to be (check the Lazybrook website).

Simple, and easy things you can do to help ease neck tension:

- Purchase an iRing (attachable accessory which allows you to comfortably grip your device).
- Look at your devices with your eyes without flexing your neck.
- Exercises for your neck <http://bit.ly/2mi56tS>

### Head to Hips in Proper Alignment solution

Maintaining great posture burns calories as it engages your muscles and improves balance and reduces lower and upper back pain. Sitting for long hours in front of a computer or standing with shoulders down and hunched forward places your pelvis in an unnatural position. Keeping a watchful eye on your posture from head to hips reduces pain and the potential for injury.

Your lumbar curve should be relaxed but not pronounced. If your lower back muscles are tight, causing your buttocks to stick out, you may have to stretch your lower back muscles to allow you to stand appropriately.

Check your head alignment as well. Your head should be centered over your body and hips, with your chin tucked. As your chin tucks and your head aligns over your pelvis, this functionally engages the muscles without over tightening or stretching.

### Upper Back Alignment solution

Often called a dowagers hump, kyphosis is a rounded upper back that may result from sitting at an office chair for hours or leaning forward and looking down as you walk. Paying attention to your sitting and standing posture during the day is an important addition to both reducing back pain. Try stretching your back over a foam roller in the evening to massage tired muscles and do several squats to engage and strengthen your lower back.

So when your body is in alignment your energy, fatigue, and discomfort can be reduced significantly. When we feel better we have more energy, we are more productive at work and enjoy our days to the fullest.

Are you ready to get fit, lose weight, eat healthy and feel great! Call or email me to implement a program that supports and motivates you.

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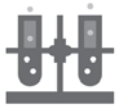




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[stthom.edu/lazybrook](http://stthom.edu/lazybrook)

## SNC-14 Report

Darlene Wayt

State Rep. Sarah Davis is sponsoring HB 512 which would allow a "local authority" to purchase and install Cell-Phone-Use-Prohibited signs in a school zone. HB 55, prohibiting cell phone use in a school zone, became law 9-1-2009 but enforcement depends upon posted signs and the COH stance has been that it would cost the COH \$1.4 million for the signs, funds the COH does not have. In early March, HB 512 was referred to the House Committee on Transportation, (<http://www.house.state.tx.us/committees/committee/?committee=C470>), for hearings.

The definition of "local authority" has yet to be determined but from what we know so far the bill provides a workaround so that proactive communities (school districts, neighborhood associations) can purchase and install the signs. So far, we are told that if the bill becomes law, the signs will be available from COH Public Works & Engineering. The cost per sign is unknown at this time.

For the latest, up-to-date information contact Zain Pleuthner, the Legislative Analyst with Rep. Sarah Davis's office. His contact information is: (512) 463-0389 (O), (512) 577-2448 (C) or [zain.pleuthner@house.texas.gov](mailto:zain.pleuthner@house.texas.gov).



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# MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 = Heavy Tree Waste			1	2 Texas Independence Day 	3 GO TEXAN DAY	4
5	6	7 Houston Livestock Show and Rodeo Begins	8	9  	10	11
12 Daylight Savings Time Begins	13 HISD Spring Break	14 HISD Spring Break	15  HISD Spring Break	16 HISD Spring Break 	17 St. Patrick's Day HISD Spring Break	18
19	20	21	22	23  	24	25
26 Cigna Sunday Streets (Garden Oaks/Oak Forest)	27	28 Civic Club Meeting 7pm	29	30 	31	

# APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 = Heavy Trash Junk (Tree waste is also OK)				 		1 April Fool's Day
2	3	4	5	6 	7	8 Lazybrook Moms Easter egg hunt
9	10 Passover Begins	11	12 	13  	14 Good Friday	15
16 Easter	17	18 Tax Day Passover Ends	19	20 	21	22 Earth Day Run the Grove 5K
23 / 30	24	25	26	27  	28	29

# MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 	5 Cinco de Mayo	6
7	8	9	10	11  	12	13
14 Mother's Day	15	16	17 	18 	19	20 Armed Forces Day
21	22	23 Civic Club Meeting 7pm	24	25  	26	27
28	29 Memorial Day	30	31			 = Heavy Tree Waste